



Meditation and yoga on the slate at GPL

March means spring and spring means shaking off those winter blues. Let the library help with our upcoming program, "Mind, Body & Spirit: Sitting with Your Self."

On March 14 at 11 a.m., Savana Shaltry-Stills will discuss how our emotional state can impact our day, and how the practice of mediation can help us achieve a more peaceful state. The presentation will be followed by a chair yoga session. This is a free program and registration is not required.

Savana is the owner and founder of Om Your Day, located at 120 West Third Street in Greenville. A 200-hour Experienced Registered Yoga Teacher, she is certified in Restorative Yoga and is a Thai Yoga Massage practitioner. She focuses on individualized sessions that are tailored to her clients' needs and experience level.

"When we meditate, we're sitting with ourselves and this can help



us pick up on mental patterns," Savana said. "(These) are either helping us swing into a positive state, or directing us to a negative state that shows up in our body. Yoga postures can help us find the tension we are holding."

Savana's passion for yoga began when she took her first yoga class. "I just remember walking out and having this amazing sense of clarity and peace," she recalled. "I want to help people discover their own awareness around their body, space, mind, and thought patterns so they can start sprinkling in those joy moments."



Savana Shaltry-Stills
Owner, Founder of Om Your Day

Local author donates sixth book to library collection

Recently, local author Myrna Stone donated her latest complete book of poetry to the Greenville Public Library

The Resurrectionist's Diary, Stone's sixth published work, is a collection of poems that "takes us inside the lives of the dead and the barely living, but also inside the histories of great creators infusing life with art..." (Marjorie Maddox, poet & fiction author).

Stone has received numerous awards for her work, including the 2001 Ohio Poet of the Year. Her previous works have been nominated for numerous awards, including the Pushcart Prize. Her poems have appeared in a wide variety of journals and literary publications.



Local author Myrna Stone (center) is pictured with her husband, Tom, as she presents Reference Supervisor Deb Cameron with a copy of *The Resurrectionist's Diary*, her latest book of poetry.

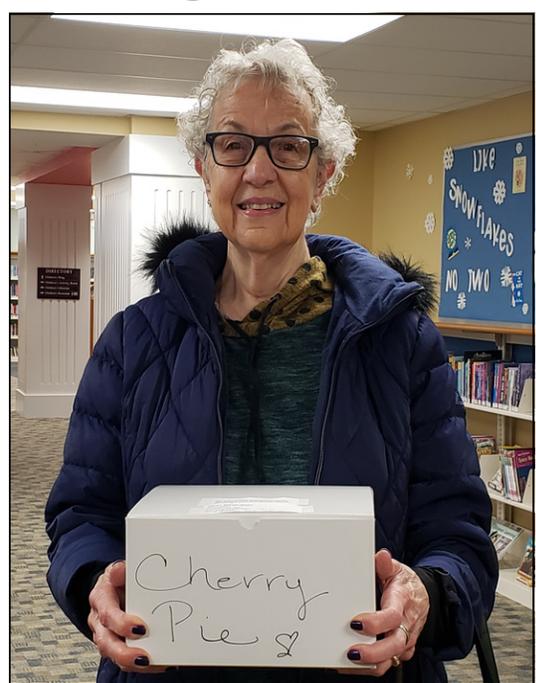
She and her husband Tom reside in Greenville, where Myrna is a founding member of The Greenville Poets.

The Resurrectionist's Diary is now available for checkout. Call or go online to reserve it today!

Crandall named winner of Cherry Pie Day giveaway



(Above) Terri Wehrley-Pyles of Midnight Mama's Bakery (left) donates a cherry pie to Kelly Minnich for GPL's Cherry Pie Giveaway in honor of National Cherry Pie Day on February 20. (Right) Cherry pie winner Theresa Crandall. Mama's Midnight Bakery can be contacted at (937) 621-3337.



Storytime returns to the delight of young patrons



On February 1, Greenville Public Library welcomed the sound of children's laughter and jolly tunes once more as in-person Storytime returned for the first time since March of 2020!

In the first month alone, Miss Joanna welcomed 84 children and 60 adults, reading to a full house most days. She has also provided the kids with fun crafts that they can do on site, or take home for later.



Storytime!

Tuesday and Wednesday
11 a.m.

Puzzles are back!

Attention all puzzle lovers! Come in anytime during our regular business hours and puzzle as long as you like! A new puzzle is put out on completion of the previous one. Puzzles are located in the Reference Room. Stop in and join the fun!



Library presents DIY Cleaning Naturally program

On Thursday, March 31 at 1 p.m. join us for a program on Do-It-Yourself cleaning products!

Reference Librarian Kelly Minnich will lead the presentation, which will include a demonstration on how to make your own laundry soap and an all-purpose scrub.

In addition to touching on the process

of making your own cleaning products, Kelly will also discuss the benefits of using 'greener' solutions versus their chemical-filled counterparts.

This is a free program, and registration is not required.

For more information on this event, check out our Facebook page!



Changes coming to GPL Facebook

Beginning on April 1, Greenville Public Library will be consolidating our Facebook pages. The Children's Department and Young Adult Facebook pages will be going away, and library news from all departments will be posted to our main page. Make sure to follow us at Greenville Public Library (Ohio) so you don't miss a thing!



Greenville Public Library
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